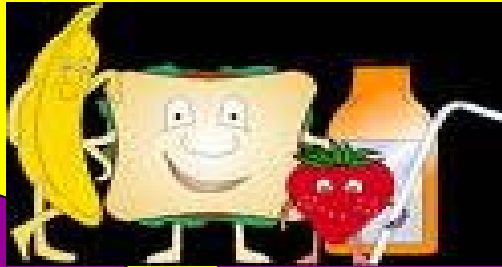




ATTENTION TEACHERS

Child obesity is a great concern, Health Education is more important than ever. To save you time, USU provides the best Health Curriculum and trained professionals to facilitate the classes.



Choose from a variety of topics:

- MyPyramid
- Fruits and Veggies
- Grains
- Milk and Breakfast
- Healthy Snacks
- Fitness

Utah State University Extension Sanpete County in Ephraim has a program to educate students in Title One Schools.

Let our trained professionals, Anna Bailey and Lisle Dewey, come to your class and show your students the value of healthy living.

Please contact Anna Bailey
or Lisle Dewey at 435-283-
7598 or email
anna.bailey@usu.edu
lisle.dewey@usu.edu

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The Food Stamp Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, call 1-800-221-5689 or visit online at <http://www.fns.usda.gov/fsp/outreach/coalition/>